



## WEEKDAYS

From 11 am to 9 pm. *Please place your order at the till  
we'll do our best to serve you as fast as possible, but please be aware food may come at different times*

### -SNACKS-

MIXED OLIVES - 3.75  
PRETZELS - 2.15  
MIXED NUTS - 3.15

SPICED PEANUTS - 2.35  
SOURDOUGH BOARD, OIL & BALSAMIC- 4.50  
SNACKING SALAMI - 2.95

### -MEAT BOARD- TAKE YOUR PICK 3 FOR £11 OR 5 FOR £18 (or £4 each)

SALAMI ; CHORIZO ; COPPA ; PROSCIUTTO ; MORTADELLA

### -MEAT CHEESE- TAKE YOUR PICK 3 FOR £10, 5 FOR £16 (or £3.50 each)

WEST COUNTRY BRIE ; OAKWOOD SMOKE ; FOURMET D'AMBERT ;  
BARBERS 1833 CHEDDAR ; ST NECTAIRE ; HEREFORD HOP ; LOIRE GOATS LOG

## ON SOURDOUGH TOAST SERVED WITH SALAD OF THE WEEK

**HUMMUS two ways WITH BARREL AGED FETA** *homemade hummus & black bean hummus topped with  
with za'atar & pimenton de la vera - 6.5 in or 5.5 out (low gluten, NF, available Vn)*

**C'EST LA BRIE** *ciabatta pintxo with creamy melted Brie, salami & salsa verde - 7.50 in or 6.8 out (NF, low  
gluten)*

**GOAT'S CHEESE, CARAMELISED ONIONS & PEAR** *Italian inspired toastie - 7.50 in or 6.8 out (NF, low  
gluten) | add prosciutto +1*

**HALLOUMI & SUN-DRIED TOMATO** *an elevated version of the classic cheese toastie with our homemade  
sun-dried tomato paste - 7.25 in or 6.6 out (NF, low gluten & available Vn)*

**SPOON** *changing every Tuesday; homemade soups, curries and stews to nourish your body and warm your soul.  
No shortcuts, all from scratch, no nasties or unnecessary preservatives. Served with our sourdough bread. - 6.5 in or  
5.4 out (GF, NF, Vn) - AVAILABLE UNTIL 4 PM*

**SALAD** *every Tuesday a new flavour combination hits our bench with seasonal and vibrant ingredients.  
Wholesome & nutritious all made from scratch and served with our sourdough bread. - 9.5 in or 7.9 out (GF, NF, Vn)  
- AVAILABLE UNTIL 4 PM*

## AND CHECK THE BENCH FOR QUICK BITES

*If you have a food allergy; intolerance or sensitivity; please let us know before you order so we suggest the best dishes for you.  
Our dishes are prepared in areas where allergenic ingredients are present.  
We cannot guarantee our dishes are 100% free of these ingredients.*